



AJA MOON



*US Army Veteran | Strategic Consultant
Fine Artist | Published Author*

Contact

Phone : (202) 660-3992
E-mail : hello@ajamoon.com
Location : Washington, DC
Address : www.ajamoon.com

Education

Academy of Art University

Fine Art

2021-2023

Lisa Powers Health and Wellness

Reiki Master Teacher Certification

2017

Skills

- Workforce Resilience
- Methodology Development
- Institutional Wellness
- Crisis Intervention
- Public Art Commission
- Curatorial Leadership
- Personnel Management

Language

- English (Fluent)

About Me

US Army Veteran and Strategic Consultant specializing in workforce resilience. Creator of the 'Soft Skills in Hard Places' methodology, integrating creative expression and somatic intelligence to mitigate burnout and strengthen institutional cohesion. Proven track record of transforming culture within military, educational, and professional athletic sectors.

Experience

2025-Present

Art Educator at The Monroe School

- Facilitating a creative sanctuary for students, utilizing art as a tool for emotional regulation and self-expression.
- Implementing trauma-informed artistic programming that aligns with institutional wellness goals and student resilience.

2019-2020

Founder & Holistic Practitioner at Kaleidoscope Wellness

- Established and ran a boutique studio providing Reiki and somatic healing to support community mental health.
- Developed customized wellness plans for stress management, piloting the "Resilience Studio" framework.

2017 - Present

Founder and Principal Consultant at Aja Moon Consulting, LLC

- Engineered the "Resilience Studio" framework, establishing emotional infrastructure to mitigate burnout in high-cadence environments via the "Soft Skills in Hard Places" methodology.
- Authored a wellness strategic plan for DC Public High Schools, directly resulting in a prestigious award for improved school climate.
- DExecuting an annual initiative for the DC Divas (WFA), integrating somatic healing and Reiki to support a National Championship appearance.

2011-2019

Human Resources Sergeant (E5) at United States Army

- Managed 1,000+ personnel evaluations and awards; recipient of the Army Commendation Medal.
- Bridged gaps between military systems and community resources to improve mission readiness.



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Artist Statement

My paintings are the silence where the noise of the world ends. After a lifetime of carrying the weight of others and navigating the relentless rush of duty, the canvas is the only place where the air grows still.

I exhale my history into the pigment. Every brushstroke is a somatic release—a physical sacrifice that leaves me weary but whole, processing the grit of the past into the thrill of self-discovery. I use the colors I feel, translating the energy held within my body into a visual heartbeat that others can finally touch.

My work is a sanctuary. I create a pause—a sacred moment for the viewer to stop, breathe the story in, and remember what it feels like to be still.

Public Art

Pedestrian Visibility Installation – Brentwood, MD 2026

Collaborative ground mural commissioned by the city to enhance safety and community engagement at a high-traffic transit stop.

Solstice Glow – Mt. Rainier, MD 2026

60' x 10' ground mural commissioned via a grant to honor local biodiversity.

Pepco - Mt. Vernon Substation 2023

Commissioned to design the "Illuminated Legacy" digital installation for the Mount Vernon Substation (K St NW), honoring the heritage of Dr. W. H. Jernagin. 10"x8'

Awards

- Talent Prize Award 2026: 10th COLOR International Juried Art Competition, TERAVARNA.
- 2nd Place, Figure Division 2018: OCB Catonsville Conquer, Catonsville, MD.
- Army Commendation Medal 2018
- Army Achievement Medal 2012, 2016

Solo Exhibitions

2024: *The Aja Moon Collxn*, Edison Place Gallery, Washington, DC.

2023: *creaTHER: constructing the Black Woman*, Sebrof Forbes Cultural Arts Center, Kensington, MD.

Group Exhibitions

2026: *On The Black Hand Side*, Joe's Movement Emporium, Mt. Rainier, MD

2026: *Stories of Resilience*, BlackRock Center for the Arts, Germantown, MD

2025: *Black Girl Art Show*, Washington, DC.

2025: *Art All Night*, Union Station Inaugural Activation, Washington, DC.

2025: *Simply Blacktastic*, Sebrof Forbes Cultural Arts Center, Kensington, MD

2024 *Wes Moore: From Campaign to Governor*, Sebrof Forbes Cultural Arts Center, Kensington, MD

2023: *ExpoMetro*, Times Square, Manhattan, NY & *Passeig De Gràcia*, Barcelona, Spain.

2023: *New York Fashion Week*, Collaboration with Fashion Design, New York, NY.

2022: *Art For Real*, Boomer Gallery, London, UK.



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Curatorial Experience

Experiencing Freedom, Sebprof Forbes Cultural Arts Center, 2023

Featured contemporary female artists of color and moderated multidisciplinary panels on art and technology.

Noted in COVID, Sebprof Forbes Cultural Arts Center, 2023

Curated 16 contemporary artists with a focus on healing-centered, trauma-informed programming.

creatHER: constructing the Black Woman, Sebprof Forbes Cultural Arts Center, 2023

Curated the display and programming for a solo show.

Repetition Studies: Thread on Canvas, Willow St Gallery, Washington, DC, 2023

Served on the Gallery Committee to support the curation of a solo exhibition for artist Katharine Heyl.

Thought Leadership

Raising My Hero

A memoir exploring themes of self-expression, motherhood, and breaking generational patterns

SacredShe Journal

A guided exploration of your emotions, creativity, and connection to the natural world, helping to reclaim your menstrual cycle.

TEDxHiltonHeadWomen

"I Don't Like Your Friends: Abandoning Fear, Depression, and Anxiety."