

**AJA MOON  
TRANSFORMATION COACH  
CLIENT CONSENT FORM**

**COACHING** is a confidential process designed to help you assess your goals and abilities, come to a greater understanding of yourself, and develop strategies to reach and exceed your aspirations. It involves a relationship between you and a trained coach who has the desire and willingness to help you accomplish your individual goals. Coaching involves sharing sensitive, personal, and private information that may at times be distressing. During the course of coaching, there may be periods of increased anxiety or confusion. The outcome of coaching is often positive; however, the level of satisfaction for any individual is not predictable. Your coach is available to support you throughout the coaching process.

**CONFIDENTIALITY:**

**All interactions with Aja Moon - Transformation Coach, including scheduling of or attendance at appointments, content of your sessions, progress in coaching, and your records are confidential. No record of coaching is contained in any external or publicly accessible file. You may request in writing that the coaching staff release specific information about your coaching to persons you designate.**

**EXCEPTIONS TO CONFIDENTIALITY:**

- If there is evidence of clear and imminent danger of harm to self and/or others, a coach is legally required to report this information to the authorities responsible for ensuring safety.
- Federal law requires that staff of Aja Moon - Transformation Coach who learn of, or strongly suspect, physical or sexual abuse or neglect of any person under 18 years of age must report this information to county child protection services.
- A court order, issued by a judge, may require the Aja Moon - Transformation Coach staff to release information contained in records and/or require a coach to testify in a court hearing.

We appreciate prompt arrival for appointments. Please notify us at 650-822-7243 if you will be late. Any appointments missed without twenty-four (24) hour notice of cancellation will be assessed a \$150 fee. *Please see the Cancellation and Missed Appointment Policy for further details.*

All fees must be paid in full prior to or at the time of the appointment.

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**I have read and discussed the above information with my coach. I understand the risks and benefits of coaching, the nature and limits of confidentiality, and what is expected of me as a client of the Aja Moon - Transformation Coach.**

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*Signature of Client*

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*Signature of Coach*

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*Date*